

71

, 400m

31.03.2023

World Records	3:56.40	TITMUS, Ariarne	AUS	Adelaide (AUS)	22.05.2022
National Records	4:17.72	ZLOBINA, Diana	KAZ	Aktobe	04.04.2019

: FINA 2023

1.	,		04	1				+0,69	4:22.64	729		
	50m:	29.51	29.51	150m:	1:35.18	32.82	250m:	2:42.49	33.72	350m:	3:50.30	34.00
	100m:	1:02.36	32.85	200m:	2:08.77	33.59	300m:	3:16.30	33.81	400m:	4:22.64	32.34
2.	,		03	1				+0,72	4:32.92	649		
	50m:	30.87	30.87	150m:	1:38.44	34.24	250m:	2:48.06	34.75	350m:	3:58.53	35.25
	100m:	1:04.20	33.33	200m:	2:13.31	34.87	300m:	3:23.28	35.22	400m:	4:32.92	34.39
3.	,		99	1				+0,78	4:36.93	622		
	50m:	31.16	31.16	150m:	1:40.73	35.51	250m:	2:51.85	35.74	350m:	4:02.24	35.02
	100m:	1:05.22	34.06	200m:	2:16.11	35.38	300m:	3:27.22	35.37	400m:	4:36.93	34.69
4.	,		08	1						4:40.12	601	
	50m:	30.39	30.39	150m:	1:38.17	34.46	250m:	2:50.55	36.42	350m:	4:04.12	36.47
	100m:	1:03.71	33.32	200m:	2:14.13	35.96	300m:	3:27.65	37.10	400m:	4:40.12	36.00
5.	,		06					+0,79	4:41.07	594		
	50m:	32.23	32.23	150m:	1:42.76	35.71	250m:	2:54.42	36.06	350m:	4:06.03	35.73
	100m:	1:07.05	34.82	200m:	2:18.36	35.60	300m:	3:30.30	35.88	400m:	4:41.07	35.04
6.	,		00	1				+0,71	4:41.59	591		
	50m:	32.11	32.11	150m:	1:41.47	35.10	250m:	2:53.08	36.08	350m:	4:06.03	36.42
	100m:	1:06.37	34.26	200m:	2:17.00	35.53	300m:	3:29.61	36.53	400m:	4:41.59	35.56
7.	,		06					+0,76	4:52.95	525		
	50m:	32.93	32.93	150m:	1:45.48	36.99	250m:	3:00.63	38.15	350m:	4:16.77	38.05
	100m:	1:08.49	35.56	200m:	2:22.48	37.00	300m:	3:38.72	38.09	400m:	4:52.95	36.18
8.	,		07	1						4:53.29	523	
	50m:	32.57	32.57	150m:	1:44.94	37.02	250m:	3:00.47	38.28	350m:	4:16.64	37.96
	100m:	1:07.92	35.35	200m:	2:22.19	37.25	300m:	3:38.68	38.21	400m:	4:53.29	36.65