

72  
31.03.2023

, 400m

World Records	3:40.07	BIEDERMANN, Paul	GER	Rome (ITA)	26.07.2009
National Records	3:53.25	IVANOV, Alexandr	KAZ	Tokyo (JPN)	10.08.2009

: FINA 2023

1.	,			99					+0,75	<b>4:04.65</b>	727	
	50m:	28.26	28.26	150m:	1:30.54	31.42	250m:	2:33.27	31.40	350m:	3:35.31	30.68
	100m:	59.12	30.86	200m:	2:01.87	31.33	300m:	3:04.63	31.36	400m:	4:04.65	29.34
2.	,			01		1			+0,69	<b>4:07.56</b>	702	
	50m:	29.27	29.27	150m:	1:32.29	31.63	250m:	2:34.70	30.73	350m:	3:36.64	30.45
	100m:	1:00.66	31.39	200m:	2:03.97	31.68	300m:	3:06.19	31.49	400m:	4:07.56	30.92
3.	,			07		1			+0,72	<b>4:09.81</b>	683	
	50m:	28.19	28.19	150m:	1:31.19	32.71	250m:	2:36.03	32.44	350m:	3:40.14	31.88
	100m:	58.48	30.29	200m:	2:03.59	32.40	300m:	3:08.26	32.23	400m:	4:09.81	29.67
4.	,			03					+0,72	<b>4:10.80</b>	675	
	50m:	28.31	28.31	150m:	1:31.30	31.52	250m:	2:35.23	31.70	350m:	3:39.88	32.42
	100m:	59.78	31.47	200m:	2:03.53	32.23	300m:	3:07.46	32.23	400m:	4:10.80	30.92
5.	,			07		2			+0,78	<b>4:11.32</b>	671	
	50m:	28.33	28.33	150m:	1:32.10	32.10	250m:	2:36.41	32.15	350m:	3:41.07	31.91
	100m:	1:00.00	31.67	200m:	2:04.26	32.16	300m:	3:09.16	32.75	400m:	4:11.32	30.25
6.	,			04		1			+0,74	<b>4:17.55</b>	623	
	50m:	28.15	28.15	150m:	1:32.47	32.85	250m:	2:38.96	33.53	350m:	3:45.57	33.32
	100m:	59.62	31.47	200m:	2:05.43	32.96	300m:	3:12.25	33.29	400m:	4:17.55	31.98
7.	,			06		1				<b>4:17.92</b>	621	
	50m:	26.90	26.90	150m:	1:30.46	32.59	250m:	2:36.49	33.59	350m:	3:44.99	33.91
	100m:	57.87	30.97	200m:	2:02.90	32.44	300m:	3:11.08	34.59	400m:	4:17.92	32.93
8.	,			05		1				<b>4:19.22</b>	611	
	50m:	27.57	27.57	150m:	1:30.10	31.99	250m:	2:36.87	33.79	350m:	3:46.14	34.28
	100m:	58.11	30.54	200m:	2:03.08	32.98	300m:	3:11.86	34.99	400m:	4:19.22	33.08