



73  
31.03.2023

, 400m

World Records	4:26.36	HOSSZU, Katinka	HUN	Rio (BRA)	06.08.2016
National Records	4:53.30	UFIMTSEVA, Marina	KAZ	Almaty	01.01.1983

: FINA 2023

1.	,		05					+0,72	<b>4:58.37</b>	711		
	50m:	31.41	31.41	150m:	1:44.42	36.67	250m:	3:04.21	43.18	350m:	4:23.75	35.26
	100m:	1:07.75	36.34	200m:	2:21.03	36.61	300m:	3:48.49	44.28	400m:	4:58.37	34.62
2.	,		07	1				+0,58	<b>5:08.28</b>	645		
	50m:	30.50	30.50	150m:	1:48.13	38.48	250m:	3:11.86	45.89	350m:	4:33.27	36.22
	100m:	1:09.65	39.15	200m:	2:25.97	37.84	300m:	3:57.05	45.19	400m:	5:08.28	35.01
3.	,		09					+0,50	<b>5:09.06</b>	640		
	50m:	32.42	32.42	150m:	1:48.51	38.49	250m:	3:12.27	45.74	350m:	4:33.35	35.85
	100m:	1:10.02	37.60	200m:	2:26.53	38.02	300m:	3:57.50	45.23	400m:	5:09.06	35.71
4.	,		08	1				+0,73	<b>5:10.24</b>	632		
	50m:	33.07	33.07	150m:	1:54.50	42.09	250m:	3:17.40	42.29	350m:	4:36.27	36.03
	100m:	1:12.41	39.34	200m:	2:35.11	40.61	300m:	4:00.24	42.84	400m:	5:10.24	33.97
5.	,		01	1				+0,76	<b>5:23.47</b>	558		
	50m:	33.47	33.47	150m:	1:50.03	37.49	250m:	3:16.21	47.17	350m:	4:43.37	40.55
	100m:	1:12.54	39.07	200m:	2:29.04	39.01	300m:	4:02.82	46.61	400m:	5:23.47	40.10
6.	,		10					+0,72	<b>5:31.32</b>	519		
	50m:	32.72	32.72	150m:	1:57.12	44.34	250m:	3:26.36	46.91	350m:	4:52.37	39.15
	100m:	1:12.78	40.06	200m:	2:39.45	42.33	300m:	4:13.22	46.86	400m:	5:31.32	38.95
7.	,		07					+0,79	<b>5:41.11</b>	476		
	50m:	32.07	32.07	150m:	1:58.17	45.52	250m:	3:31.99	48.81	350m:	5:02.35	41.17
	100m:	1:12.65	40.58	200m:	2:43.18	45.01	300m:	4:21.18	49.19	400m:	5:41.11	38.76
8.	,		08	1				+0,83	<b>5:45.82</b>	456		
	50m:	35.88	35.88	150m:	1:59.42	44.60	250m:	3:36.31	52.82	350m:	5:08.80	40.26
	100m:	1:14.82	38.94	200m:	2:43.49	44.07	300m:	4:28.54	52.23	400m:	5:45.82	37.02
9.	,		07	2				+0,70	<b>5:46.00</b>	456		
	50m:	35.30	35.30	150m:	2:07.07	47.73	250m:	3:40.95	48.21	350m:	5:09.44	40.16
	100m:	1:19.34	44.04	200m:	2:52.74	45.67	300m:	4:29.28	48.33	400m:	5:46.00	36.56
10.	,		07					+0,66	<b>5:53.91</b>	426		
	50m:	35.77	35.77	150m:	2:02.47	45.18	250m:	3:39.79	52.38	350m:	5:14.08	41.15
	100m:	1:17.29	41.52	200m:	2:47.41	44.94	300m:	4:32.93	53.14	400m:	5:53.91	39.83
11.	,		07	3					<b>6:06.40</b>	384		
	50m:	36.52	36.52	150m:	2:08.23	48.54	250m:	3:46.44	50.92	350m:	5:21.54	43.23
	100m:	1:19.69	43.17	200m:	2:55.52	47.29	300m:	4:38.31	51.87	400m:	6:06.40	44.86